



Enhance the results that you experience from Facial Aesthetics treatment therapies by following a few simple instructions provided by your clinician. As a reminder, here are guidelines specific to each therapy. Feel free to contact us at 859-264-0006 if you have any questions regarding your post-treatment regimen.

### Before Your Botox / Dysport Treatment

- To avoid bruising it is best not to take any pain relievers that are blood thinners such as aspirin like Tylenol, Advil, Motrin, or Vitamin E. Avoid alcohol for a few days after treatment since it, too, is a blood thinner.
- Do not use Botox if you are pregnant or breastfeeding, are allergic to any of its ingredients, or suffer from any neurological disorders. Please inform your clinician if you have any questions about this prior to the procedure.
- Sunburned skin is difficult to treat so avoid exposure to the sun.
- Avoid Waxing, bleaching, tweezing, or the use of hair removal cream on the area to be treated.
- Avoid the use of Alpha Hydroxy Acids higher than 10% and avoid Retinoids.
- Inform your clinician if you have a history of Perioral Herpes to receive advice on antiviral therapy prior to treatment.
- Always inform your clinician of all medications you may be taking as well as your medical history.