



Instructions for Facial Veins/Angiomas Treatments

Before your treatment

- Avoid all sun exposure and tanning beds for at least two weeks prior to IPL treatment. A sunscreen with SPF 20-30 plus zinc oxide or titanium dioxide should be worn throughout the treatments.
- Your laser procedure may include four or five laser appointments. We will present a treatment plan for you upon consultation and evaluation of your response to the laser treatment.
- Please discontinue the following products two weeks prior to each procedure: Aspirin, Motrin, Aleve, Ibuprofen, Excedrin, Vitamin E, Ginko, St. John's Wort and any photosensitive drugs such as Tetracycline, Minocycline, with the permission of your primary care doctor.
- Active skin care products such as Retin A, Retinol, Renova, glycolic acid products, night creams with alphahydroxy acids should be discontinued throughout these treatments. Mild cleansers, toners, moisturizers may be used immediately after treatment.
- You will be asked to remove your make up (can be done at clinic) and jewelry before a procedure. Contact lenses may be worn.

After your treatment ... (follow for one week after your laser/ light treatment)

- Your skin may appear red or blotching in the treated area for 24-48 hours after the laser treatment. You may temporarily experience a bumpy appearance. Please do not apply make up if area is still red. Once there is no sign of redness, make up may be applied.
- Wash treated area gently with a mild cleanser or soap and water.
- Apply post op gel twice daily to treated area. Take Tylenol per packaging directions as needed for discomfort.
- No shaving over treated area as long as area is red and or swollen.
- You may experience swelling of the eyes and face that may persist for 2-4 days. Sleep with two pillows at night and apply ice as needed for swelling.
- Avoid all sun exposure and tanning beds between IPL treatments.
- Apply a broad spectrum UVA/UVB sunscreen with SPF-24/zinc or titanium oxide daily to treated area if in the sun for at least six months following the IPL treatment.

If you have any questions or concerns, please call our offices at 859-246-0006